



Chatchaya Spa
P E N A R T H

CONTACT

1 Station Approach
Penarth, Wales CF64 3EE
02922 970454
chatchayaspa.co.uk

HOURS

Mon – Sat 9am – 6pm
Sunday 10am – 3pm

PLEASE LEAVE A REVIEW ON
GOOGLE



Scan or visit chatchayaspa.co.uk

@chatchayaspauk · Facebook · Instagram

YOUR VISIT

A warm welcome at Chatchaya Spa.
We pair skilled touch with quality
products, so you leave restored
and refreshed. Every treatment
is tailored to you.

ACROSS 3 BEAUTIFUL FLOORS

Spanning 1 Station Approach, with
each floor offering its own calm
atmosphere – from expert massage
and Japanese Head Spa to bespoke
facials and revitalising Thai foot
treatments.

GOOD TO KNOW

- Showers available
- Instant booking via Fresha
- Contactless payment via Fresha
- Gift vouchers online or in-spa
- Woman-owned

GETTING HERE

Directly opposite Penarth train
station. Free car park outside.
A short ride from Cardiff Central
— No connections needed.



A modern wellness retreat
in Penarth



P E N A R T H · S I N C E 2 0 2 4

SIGNATURE MASSAGE

Thai-inspired treatments, deeply immersive and authentic.

Full Body Massage	1h 30m	£95
Thai Herbal Compress	1h	£80
Thai Herbal Compress + Extended	1h 20m	£95
Traditional Thai (Yoga)	1h	£80
Thai Foot, Neck, Shoulder & Head	1h	£75
Thai Foot, Neck & Shoulder	1h	£75

THERAPEUTIC MASSAGE

Targeted therapies to ease tension and support recovery.

Deep Tissue Massage	1h	£80
Sports Massage	1h	£80
Lymphatic Massage	1h	£80
Reflexology	1h	£80
Mummy Massage (Pregnancy)	1h	£80

RELAXATION MASSAGE

Soothing rituals to switch off and release stress.

Hot Stones Massage	1h	£75
Thai Oil Massage	1h	£75
Swedish Massage	1h	£70
Aromatherapy Massage	1h	£70

SHORT MASSAGE

30-minute focused treatments - a perfect quick reset.

Back & Shoulder	30m	£40
Indian Head	30m	£40
Thai Foot	30m	£40
Thai Herbal Compress (add-on)	30m	£25

BOOK INSTANTLY ON FRESH



JAPANESE HEAD SPA

A guided water-therapy ritual including hair wash and blow dry.

Japanese Head Spa + head spa & Massage	1h	£80
Japanese Head Spa + Facial, neck & shoulder massage	1h	£120

FOOT REVIVAL

A grounding ritual for tired feet.

Foot Revival	1h	£65
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FACIALS

Tailored facials with Eve Taylor® London.

Express Facial	30m	£40
Signature Facial	1h	£80
Ultimate Facial	1h 30m	£109

BODY TREATMENTS

Full body scrubs and exfoliating rituals to restore radiant skin.

Full Body Scrub	1h	£80
Body Steam & Full Body Scrub	1h 30m	£95